

WEB RESOURCES

Visit these sites for migraine-related information.

American Council for Headache Education (ACHE) | www.achenet.org

This site offers information for headache sufferers and other interested nonprofessionals. Topics include general headache information, women and migraine, prevention, and more.

American Headache Society (AHS) | www.ahsnet.org

Clinically oriented information on headache, as well as information on AHS programs and activities.

Discovery Health | www.health.discovery.com/centers/headaches/headaches.html

Insightful tips and information on living with migraines. Plus, find features and US TV broadcasts by using the Search option and keying in "Migraine."

Doctor's Guide—Migraine | www.pslgroup.com/migraine.htm

Medical news and information for patients, friends, and family.

MAGNUM | www.migraines.org

Short for Migraine Awareness Group: a National Understanding for Migraineurs, the MAGNUM site assists migraine sufferers worldwide. This site offers numerous resources.

MedlinePlus From the National Library of Medicine | www.nlm.nih.gov/medlineplus/migraine.html

The world's largest medical library offers information and the latest news on migraine, as well as hundreds of other diseases and conditions.

National Headache Foundation (NHF) | <http://www.headaches.org/consumer/educationindex.html>

Easy-to-understand information on a variety of topics, from Ten Important Steps for migraine sufferers to a Headache FAQ.

National Institute of Neurological Disorders and Stroke (NINDS) | www.ninds.nih.gov/disorders/migraine/migraine.htm

One of the National Institutes of Health, the NINDS is the nation's leading supporter of biomedical research on disorders of the brain and nervous system.

World Headache Alliance (WHA) | www.w-h-a.org

A useful site for headache sufferers and their families, the WHA aims to share headache information around the globe.